

The Palms Restaurant & Bar

Metro Inn Ryde | 860 Victoria Rd, Ryde | P +61 2 9807 4022

W: RydeInn.com.au | E: Sales@RydeInn.com.au

Open Monday to Friday 5:30pm to 9pm (last dinner orders taken at 8.30pm).

Restaurant is closed on Public Holidays.

FROM THE GRILL

SERVED WITH YOUR CHOICE OF CHIPS & VEGETABLES OR SALAD & CHIPS

Mixed Seafood Grill - salmon, barramundi & large local prawns - \$30

Sirloin Steak - 300g served with plain or mushroom cream sauce or peppercorn sauce - \$29

Grilled Chicken Breast - served with mushroom sauce - \$23

Grilled Salmon - 300g fillet served with Béarnaise sauce - \$27

Grilled Barramundi – served with lemon & tartare sauce - \$23

TRADITIONAL FAVOURITES

SERVED WITH SALAD & CHIPS

Seafood Basket – prawn cutlets, battered fish and salt & pepper squid - \$29

Chicken Schnitzel – served with your choice of gravy or lemon - \$20

Chicken Parmigiana – chicken breast schnitzel topped with ham, eggplant, sauce & melted cheese - \$23

Fish & Chips – lightly battered fish served with lemon & tartare sauce - \$20

Chicken Nuggets – served with tomato or barbeque sauce - \$10

PASTA

PENNE OR FETTUCCINE

Bacon & mushrooms in a tomato sauce - \$18

Chicken & mushrooms in a pesto sauce - \$18

Local Large King Prawns (6 pieces) in a garlic, chilli tomato cream sauce - \$25

Vegetarian in a Napolitano sauce - \$16

GOURMET SANDWICH

SERVED WITH CHIPS

Grilled chicken breast with lettuce, tomato, bacon & mayo sauce served on Turkish bread - \$18

Grilled steak fillet with lettuce, tomato, onion, cheese & BBQ sauce - \$18

SALADS

Salt & Pepper Squid salad - \$14

Grilled Chicken salad Greek style - \$21

Grilled King Prawn salad Greek style - \$21

Warm Thai Beef Salad with chilli & lemon dressing - \$17

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SIDES

Garlic or Herb Bread - \$3

Bowl of Chips or Bowl of Steamed Vegetables - \$5

STARTERS

Vegetable Spring Rolls (4) with salad & sweet chilli sauce - \$7

Thai Mini Samosas (7) with salad & sweet chilli sauce - \$7

Thai Fish Cakes (5) with salad & sweet chilli sauce - \$8

FRIED RICE

Vegetable Fried Rice - \$13

Chicken Fried Rice - \$17

Prawn Fried Rice - \$17

ASIAN STIR FRY

Singapore Noodles - \$15

Hokkien Noodles with chicken & vegetables - \$16

Honey Chicken with fried rice & honey lemon sauce & boiled rice - \$17

Stir Fry Chicken & Vegetables with cashew nuts & boiled rice - \$17

Stir Fry Beef & Vegetables with black bean sauce & boiled rice - \$17

Stir Fry King Prawns with vegetables in a garlic chilli sauce & boiled rice - \$19

Mixed Vegetables with Oyster Sauce & boiled rice - \$15

Panang Curry - creamy Thai curry served with chicken & boiled rice - \$17

Panang Curry - creamy Thai curry served with mixed seafood & boiled rice - \$19

DESSERT

ALL SERVED WITH ICE CREAM

New York Cheese Cake- \$10

Chocolate Mud Cake - \$10

Sticky Date Pudding - \$10